




Practice Guidelines for the Flute

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<p>Basic Lesson/Practice Format:</p> <ol style="list-style-type: none">1. Warmups2. Scales3. Exercises, Studies, Etudes4. Musical Pieces		<p>Although all techniques can be practiced separately, their combination is what makes your flute playing the best it can be!</p>
	<p>Techniques to Improve Playing:</p> <ul style="list-style-type: none">• basic reading (rhythm, melody)• tempo (speed and accuracy)• tone (clarity, richness of sound)• intonation (pitch accuracy)• articulation and tonguing• dynamics (volume)• posture and breathing (strength and stamina)• phrasing & interpretation (combination of the above skills)	
<p>Additional Skill Builders: (incomplete list)</p> <ul style="list-style-type: none">• sight-reading• dexterity (agility)• harmonics and whistle tones• vibrato• instrument care and cleaning	<p><i>Eventually you learn the standard flute repertoire (Sonatas, Concertos, Orchestral Excerpts, etc.)!</i></p> 	

Suzuki/Kodaly Flute Lessons for Young Beginners

Listen to the CD all the time.

Lesson 1

- Seating with legs comfortable and supported. Back straight not stiff.
- Sit in front of the mirror, pull back and down corners slightly and blow air out. "Smell a flower, blow off a petal" Let air flow
- Headjoint: 1 sound 2 bird 3 slide
- Do clapping in Kodaly book page 12

Lesson 2

- review from previous lesson
- after headjoint before clapping, assemble whole flute, practice the balance
- Whistling and Tonalization: "hwo" Like a bird, the throat is the vibrator (resonator). Like a violin the lips are the strings. Try tonalization with headjoint and with whole flute. Try high and low if applicable. Play rhythms back and forth.
- review page 12 go to next page if applicable

Lesson 3

- review from previous lesson
- after getting good tone from "hwo" spit some rice pushing out with tongue little airballs "thwo"
- try getting rice spitting sound with the flute
- continue clapping in Kodaly book page 13

Lesson 4

- review from previous lesson 1 sit , breathe, headjoint tone, bird and slide if you want to , whole flute hwo and thwo. review games if needed.
- Get ready to play notes. Balance with your left front knuckle and right thumb and pinky, slightly on mouth. Flute slightly lower on the foot side, slightly lower than parallel to the floor.
- Finger A get sounds go back and forth over first line of prep study on Suzuki book page 12

Lesson 5

after learning prep study in the Suzuki book by rote look at Kodaly G-A song on page 14. If reading is comfortable learn this song as well. Lessons after this will include rote learning from the Suzuki book and reading in the Kodaly book.